

Our Vision

All people with mental illness will live and participate fully as valued, integrated members of our communities with the choices, responsibilities, dignity, respect, and opportunities afforded all citizens.

Our Mission

Cumberland & Perry Counties' Mental Health Program's mission is to support each individual's recovery as a whole person and understand the value of relationships through:

- embracing hope, wellness, spirituality, and the principles of the Community Support Program;
- encouraging and empowering consumer voice, responsibility, and leadership;
- building on and valuing individual strengths and capabilities while increasing resiliency to cope with day-to-day life;
- supporting the value of independence, the caring relationships of family, and natural community supports;
- providing programming in safe, caring and culturally competent environments with the highest quality and efficiency possible;
- promoting increased access, mutual support, community integration, and consumer choice;
- using education for all stakeholders to strengthen these relationships.

Our Goal

The C/P MH Program strives to offer supports that foster overall wellness and give people opportunities to have healthy community connections and achieve fulfilling lives.

Information

For more information on any of these services, call the County Mental Health office at:

717.240.6320

or

1.866.240.6320

(Perry County toll free)

OR

Call the Base Service Unit at:

717.763.2228

or

717.243.6033

The MH & IDD Advisory Board has 13 members, nominated by the current board membership and appointed by the County Commissioners. The Board meets on the third Thursday of every month, at 12:15pm, on the third floor of the Human Services Building, except for December and August. The public is welcome at these meetings.

Cumberland/Perry Counties' MH/IDD Office

16 W. High Street, Suite 301
Carlisle, PA 17013

Phone: 717.240.6320

Perry Co: 866.240.6320

Fax: 717.240.6415

E-Mail: mhidd@ccpa.net

Accessing Mental Health Services & Supports in Cumberland & Perry Counties



THE TIME IS ALWAYS RIGHT

What services are available?

The Cumberland/Perry Mental Health Program offers access to a full range of services for persons with mental health difficulties who live within the two county area. In addition, information and referral services are provided to the general public. Below is a list of county-provided mental health services and supports.

- Assertive Community Treatment (ACT)
- Case Management
- CASSP (Child/Adolescent Service System Program)
- Certified Peer Specialist Services
- Consumer & Family Satisfaction Teams
- Crisis Intervention
- Family Based Services
- Forensic Case Management
- Inpatient Hospitalization
- Outpatient Services (Counseling, Medication)
- Partial Hospitalization
- Psychiatric Rehab Programs
- Residential Services for Adults
- School Based Program
- Social Rehab
- Supported Employment
- Teenline
- Warmline



Who can receive services?

Services are available for residents of Cumberland or Perry Counties who meet criteria for requested mental health services.

How can I get services?

For emergency services, contact:

Crisis Intervention

717-243-6005 OR 717-763-2222
OR 1-866-350-HELP (4357)
OR 911

For non-emergency services, there are several ways to obtain mental health services – an individual needing services can request an intake and/or referral by:

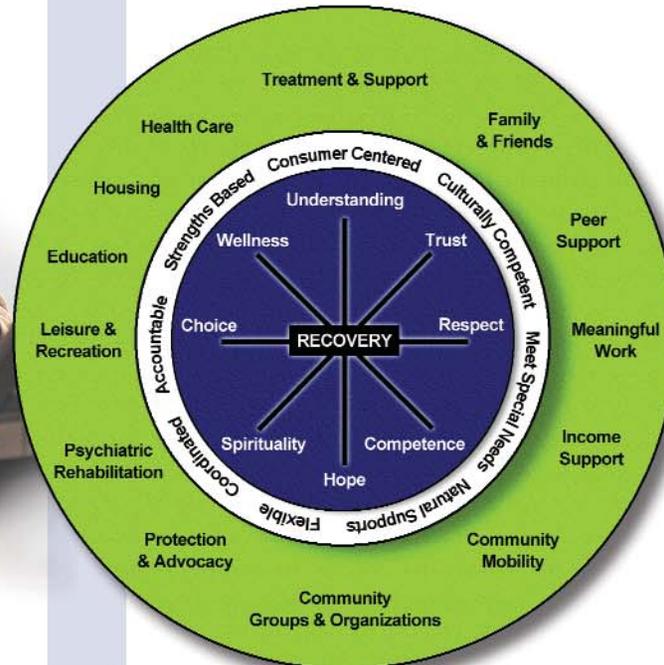
- Contacting a provider agency directly;
- Contacting your insurance company for a referral;
- Contacting one of the Base Service Units (BSU) (ask for intake) located at:

Holy Spirit Behavioral Health Center

503 N. 21 Street, Camp Hill, PA 17011
717-763-2228 OR 1-866-350-4357
OR

NHS The Stevens Center

33 State Avenue, Carlisle, PA 17013
717-243-6033 OR 1-888-243-6033



What can I expect?

Services are provided by contract with local agencies. Providers of services must adhere to Community Support Program (CSP) and Child/Adolescent Service System Program (CASSP) principles. Services provided must be:

- Consumer Centered
- Family Focused
- Strengths Based
- Designed to Meet Special Needs
- Inclusive of Natural Supports
- Community Based
- Culturally Competent
- Least Intrusive
- Least Restrictive
- Flexible
- Multi-System Oriented
- Accountable

How are services paid for?

All Cumberland and Perry County residents having mental health difficulties qualify for these services regardless of their ability to pay. Most providers accept private insurances and/or Medical Assistance. If any financial liability is indicated, this determination will be made after the need for service has been established. BSU Staff will assist in applying for any benefits available to help pay the cost of services.