

cumberland valley  
P E N N S Y L V A N I A

# LOCAL FOOD, FARM & OUTDOOR ATTRACTIONS

MAP & PRODUCE AVAILABILITY GUIDE INSIDE

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Harvey Barrison

Newville

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On the cover: Pole Steeple Trail at Pine Grove Furnace State Park, Eric Forberger; Paulus Farmers Market, Eric Forberger; Farm in Carlisle, Emerald Stone Photography & Design .

Great effort was expended collecting and verifying the information in this publication. However, we realize that conditions change and that some of the information may not be accurate. Users noting errors or omissions are urged to report them. Questions, comments or errors regarding the guide should be directed to Cumberland County Planning Department at (717) 240-5362.

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AG6002-022015

# TOP things to do

## Top Outdoor Attractions

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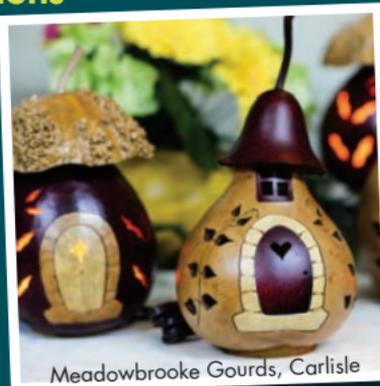
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Mechanicsburg



Appalachian Trail Museum, Gardners

## Top Local Food & Farm Attractions

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Meadowbrooke Gourds, Carlisle

The Cumberland Valley *Local Food, Farm & Outdoor Attractions* guide is a cooperative effort of the following organizations:



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# Local Food



Farmers on the Square, Carlisle

Cumberland Valley is home to some of the finest agricultural land in Pennsylvania and the United States. One third of the County's land is considered "Prime Farmland" according to the Natural Resource Conservation Service.

## Cumberland Valley Fast Facts:

- Cumberland County agriculture generates a total of \$195.4 M in cash receipts from the sale of agricultural crops and livestock products according to 2012 PA Agricultural Statistics.
- There are approximately 1,400 farms in varying sizes in the County.
- 155,000 acres (or 44%) of the County are in agricultural use.

Cumberland Valley's agriculture industry provides opportunities for residents and visitors to obtain local fruits, vegetables and other farm fresh products through our farmers markets, farm stands, CSAs and other retailers.

## Benefits of Buying Local:

- Support a local economy and farms, keeping wealth within our region and creating jobs.
- Higher nutrient levels retained in food and fuller flavor due to the foods reaching you faster.
- Locally produced food is fresher than foods packed in trucks and shipped for several days.
- Buying local provides an opportunity to meet the farmer and learn how your food is grown.

**Find trip ideas specifically focused on fresh foods and farmers markets on [visitcumberlandvalley.com](http://visitcumberlandvalley.com).**

Business Name	Open Year-Round	Description	Other
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### DOWNTOWN MARKET

A market place in an established urban or downtown area where vendors sell local seasonal produce, farm products, and other merchandise.

<p><b>Farmers on the Square</b> 2 N. Hanover St, Carlisle 17013 farmersonthesquare.com <b>HOURS:</b> May-Nov: Wed 3pm-7pm See website for winter locations/hours</p>	●	<p>15+ Vendors - Seasonal Produce, Meats, Baked Goods, Eggs, Dairy Products, Flowers</p>	★
<p><b>Producer Only Farmers Market</b> Adams-Ricci Park East 100 E. Penn Dr, Enola 17025 farmersonwalnut.org <b>HOURS:</b> May-Oct: Thurs 3pm-7pm</p>		<p>10+ Vendors - Produce, Meat, Baked Goods, Eggs, Dairy Products</p>	★ ♿
<p><b>Broad Street Market</b> 1233 N. Broad St, Harrisburg 17102 236-7923   broadstreetmarket.org <b>HOURS:</b> Thurs-Fri 7am-5pm, Sat 7am-4pm</p>	●	<p>40 Vendors - Produce, Meats, Baked Goods, Flowers, Plants, Crafts</p>	★ ♿ 👤 👤
<p><b>PA Open Air Farmers Market</b> Industrial Dr &amp; Cameron St Harrisburg 17110   697-9617 <b>HOURS:</b> May-Nov: Tues &amp; Fri 9am-6pm</p>		<p>Located in the PA Farm Show Complex parking lot. 20+ Vendors - Seasonal Produce</p>	♿ 👤 👤
<p><b>West Shore Farmers Market</b> 900 Market St, Lemoyne 17043 737-9881   westshorefarmersmarket.com <b>HOURS:</b> Tues 8am-3pm, Fri 8am-6pm, Sat 8am-2pm</p>	●	<p>50 Vendors - Produce, Meats, Preserves, Deli, Honey, Herbs, Crafts, Maple Products, Baked Goods, Flowers, Eggs, Upscale Boutiques</p>	♿ 👤 👤

### COUNTRY MARKET

A market place on the edge of town, in a village or rural setting where vendors sell local seasonal produce, farm products, and other merchandise.

<p><b>Carlisle Country Market</b> 1446 Holly Pike, Carlisle 17015 254-6457   carlislecountrymarket.com <b>HOURS:</b> Shops: Thurs-Sat 7am-4pm; Farmers Market: Fri 7am-4pm, Sat 7am-2pm</p>	●	<p>Multiple Vendors- Produce, Baked Goods, Meats, Dairy Products, Tree Fruit, Subs, Candy, Coffee &amp; Tea, Nuts, Bird Food, Crafts, Home Decor, Amish Furniture, Prints, Bootleg Creamery</p>	CC ♿ 👤 👤
<p><b>Mountain Lakes Market</b> 1800 Newville Rd, Carlisle 17015 258-5922 <b>HOURS:</b> Mon-Fri 9am-6pm, Sat 9am-5pm</p>	●	<p>Multiple Vendors - Produce, Dairy Products, Eggs, Meats, Baked Goods</p>	👤 👤
<p><b>Williams Grove Historical Steam Engine Association Farmers Flea Market</b> 1 Steam Engine Hill, Mechanicsburg 17055   766-4001   wghsea.org <b>HOURS:</b> Sun Dawn-2pm</p>	●	<p>Multiple Vendors - Seasonal Produce, Flea Market Items</p>	★ ♿ 👤 👤

Business Name	Open Year-Round	Description	Other
<b>ROADSIDE STAND</b>			
A temporary structure that is open seasonally where local produce and farm products are sold directly to the consumer.			
<b>Beltview Produce</b> Park Dr & Lerew Rd Boiling Springs 17007   240-3012 <b>HOURS:</b> Jul-Sept: 10am-5pm daily		Vegetables, Pumpkins, Sweet Corn	
<b>Garden Gate Farm Market</b> 1560 W. Trindle Rd, Carlisle 17015 240-0855 <b>HOURS:</b> Spring-Fall: Mon, Tues, Thurs, Fri 9am-6pm, Sat 9am-5am		Vegetables, Tree Fruit, Homemade Baked Goods, Honey, Maple Syrup, Specialty Cut Flowers, Made to Order Potted Flowers, Hanging Baskets	CC 
<b>Punkin Point Farm</b> 825 York Rd, Carlisle 17015 249-7969 <b>HOURS:</b> May-Nov: Open daily		Vegetables, Berries, Tree Fruit, Pumpkins, Eggs	
<b>Wolf's Fruit Farm</b> 998 S. Mountain Rd Dillsburg 17019   432-3382 <b>HOURS:</b> Open daily	●	Vegetables, Tree Fruit, Honey	
<b>Basehore Farms</b> 6080 Creekview Rd Mechanicsburg 17050   691-9349 <b>HOURS:</b> May: Thurs-Fri 9am-6pm, Sat 9am-5pm; Jun-Aug: Mon-Fri 9am-6pm, Sat 9am-5pm; Sept-Oct: Mon-Fri 9am-6pm, Sat 9am-5pm, Sun 12-5pm; End of Nov-Dec: Call for hours (Christmas Items)		Vegetables, Flowers, Melons, Honey, Berries, Tree Fruit, Crafts, Pumpkins, Cider, Goat Cheese, Baked Goods, Preserves	CC
<b>Windy Hill Orchard</b> 1180 Highland Dr Mechanicsburg 17055   766-8509 <b>HOURS:</b> Sept-Nov: daily daylight hours		Tree Fruit	
<b>Breezy Valley Farms</b> PA Route 233, between PA-11 & I-81 Newville 17241   776-3930 <b>HOURS:</b> Late May-Sept: Mon-Sat 9am-5:30pm		Vegetables, Melons, Berries, Tree Fruit, Pumpkins, Honey, Bedding Plants	
<b>Kline Road Gardens</b> 107 Kline Rd, Shippensburg 17257 532-3750 <b>HOURS:</b> Apr-Oct: Mon-Sat 7am-8pm		Vegetables, Melons, Honey, Berries, Tree Fruit, Pumpkins, Eggs	
<b>Zimmerman Orchard</b> 328 Mt. Rock Rd, Shippensburg 17257 532-4020 <b>HOURS:</b> Jul-Nov: Mon-Fri 9am-5pm, Sat 9am-3pm		Cherries, Peaches, Apples	

CC = Credit Cards Accepted  
  = Events  
  = Farm Attractions  
  = Group Tours  
 = Handicapped Accessible  
  = PA Preferred  
  = Pets Allowed  
 = Restaurant/Eatery  
  = Restrooms  
 U-P = U-Pick your own

Business Name	Open Year-Round		Other
<b>COMMUNITY SUPPORTED AGRICULTURE (CSA)</b>			
<p>A community of individuals who become shareholders in a farm operation, so the growers and consumers provide mutual support and share the risks and benefits of food production. Typically, CSA members purchase shares of the harvest in advance to cover the anticipated costs of the farm operation and farmer's salary. In return they receive freshly harvested produce throughout the growing season.</p>			
<p><b>Fulton Farm, Fulton Center for Sustainable Living, Wilson College</b>                      1015 Philadelphia Ave                      Chambersburg 17201                      264-4141   wilson.edu  <b>SEASON:</b> May-Nov: Please call ahead</p>		<p>Produce, Free Range Eggs &amp; Poultry, Honey, Flowers, Herbs, Meats, Certified Naturally Grown</p>	<p>★  </p>
<p><b>Earth Spring Farm CSA</b>                      366 Stought Rd, Carlisle 17015                      805-7778   earthspringcsa.com  <b>SEASON:</b> May-Oct: Please call ahead                      Farm stand open Wed &amp; Sat 8am-5pm</p>		<p>Certified Organic Vegetables. Fruits, Cheese, Meat &amp; Eggs available for purchase from outside vendors.</p>	<p>CC                      ★  </p>
<p><b>Spiral Path Farm</b>                      538 Spiral Path Ln, Loysville 17047                      789-4433   spiralpathfarm.com  <b>SEASON:</b> Apr-Dec: Please call ahead</p>		<p>Vegetables, Melons, Berries, Certified Organic, Permanently Preserved Farm</p>	
<p><b>Shared Earth CSA</b>                      131 State Rd, Mechanicsburg 17050                      697-0762   sharedearthfarm.com  <b>SEASON:</b> May-Oct: Please call ahead</p>		<p>Vegetables, Melons, Eggs, Dairy Products, Flowers, Herbs</p>	
<p><b>North Mountain Pastures</b>                      201 Cold Storage Rd, Newport 17074                      497-3496   northmountainpastures.com  <b>SEASON:</b> Please call ahead</p>	<p>●</p>	<p>Chicken, Turkey, Pastured Pork, Grass Fed Beef, Pastured Livestock, Free-Range Eggs &amp; Poultry, Wool</p>	

**FARM RETAIL**

Local seasonal produce and farm products sold directly to the consumer from the farm. Typically, retail outlets are permanent structures that may be open year-round.

**Dairy**

<p><b>Windy Knoll Farm Market &amp; Creamery</b>                      2685 Spring Rd                      Chambersburg 17202   264-2900  <b>HOURS:</b> Mon-Fri 8am-6pm,                      Sat 8am-5pm; open later in summer,                      please call for hours</p>	<p>●</p>	<p>Homemade Ice Cream, Fresh Produce, Deli Meats &amp; Cheeses, Subs &amp; Hoagies, Baked Goods, Homemade Soups &amp; Salads, Bulk Foods, Fall Corn Maze</p>	<p>☪    </p>
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**Fulton's Dairy, Shippensburg**

Business Name	Open Year-Round	Description	Other
<b>Stoner's Dairy Farm &amp; Corn Maze</b> 7678 Oellig Rd, Mercersburg 17236 328-3617   stonersdairyfarm.com <b>HOURS:</b> Apr-May: (field trips & tours by appt.); Sept-Oct: Sat 10am-5pm, Sun 12pm-5pm (field trips & tours)		Homemade Ice Cream, Baked Goods, Eggs, Meat, Cheese, Seasonal Produce, Pastured Livestock, Corn Maze (Sept-Oct)	☆ 🐔 👥 🚻
<b>Blue Mountain Meadows</b> 5 Zook Ln, Newburg 17240 423-5680 <b>HOURS:</b> Mon-Sat Dawn-Dusk	●	Eggs (Free Range), Dairy Products, Chicken, Lamb, Pork, Beef	☆ 🚻
<b>Fulton's Dairy</b> 1910 Ritner Hwy Shippensburg 17257   776-3338 <b>HOURS:</b> Self-serve 24 hours	●	Dairy Products, Meats (ground beef, roasts, steaks), Pastured Livestock	☆ 👥 🏆
<b>Rockview Dairy</b> 44 Kline Rd Shippensburg 17257   729-8642 <b>HOURS:</b> Mon-Sat 7am-7pm	●	Vegetables, Herbs, Berries, Eggs (Free-Range), Raw Milk, Beef (Pastured Livestock)	

**Meats**

<b>Lil' Ponderosa Enterprises</b> 44 Ponderosa Rd, Carlisle 17015 245-2820   lilponderosabeef.com <b>HOURS:</b> Open year-round by appointment; Farm tours on request - weather permitting	●	Meats - Purebred Black Angus, Freezer Beef from Closed Herd, 100% Raised & Finished on Grass, No Antibiotic/Chemical, Pastured Livestock	👥 🏆 🚻
<b>The Country Butcher Shop, Inc.</b> 286 McAllister Church Rd Carlisle 17015   249-4691 countrybutchershopinc.com <b>HOURS:</b> Tues-Wed 9am-6pm, Thurs-Fri 9am-8pm, Sat 8am-5pm	●	Produce, Deli, Baked Goods, Meats, Honey, Herbs, Eggs, Dairy Products, Deer Processing, Catering Services	
<b>BIJO Boer Goats</b> 41 Oxford Rd, Gardners 17324 486-7697   bijoboergoat.com <b>HOURS:</b> By appointment	●	"Live on the hoof" Goats, Breeding, 4H/FFA, Stock, Show Stock, Projects & Pets	



Corneer van der Linden

**Boiling Springs**

CC = Credit Cards Accepted   ☆ = Events   🐔 = Farm Attractions   👥 = Group Tours  
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Business Name	Open Year-Round	Description	Other
<b>Meats cont.</b>			
<p><b>Strocks Enterprises, Inc.</b> 729 Williams Grove Rd Mechanicsburg 17055 697-2824   strocksm meats.com</p> <p><b>HOURS:</b> Catering Year-Round. Turkeys: 2 days prior to Thanksgiving &amp; Christmas. Hams: 2 days prior to Easter.</p>	●	<p>Specializing in on-site charcoal roasted meats. Fresh dressed turkeys at Thanksgiving &amp; Christmas. Newly converted 165-year old barn to host events year-round.</p>	<p>CC ♿ ✓ ♿♿</p>
<p><b>Pecan Meadow Farm</b> 369 Newburg Rd Newburg 17240   423-5365</p> <p><b>HOURS:</b> By chance or appointment</p>	●	<p>Pork, Rabbit, Grass-fed Beef, Lamb &amp; Goat, Pastured Chicken, Duck, Goose, Turkey &amp; Guinea Fowl, Heritage Wheat Flour. All organically grown.</p>	
<p><b>Square Hollow Farm</b> 1367 Mountain Rd Newburg 17240   360-2350</p> <p><b>HOURS:</b> By appointment</p>	●	<p>Pastured Goat Meat, 4-H/FFA Project Market Goats</p>	
<p><b>Perry County Land &amp; Cattle</b> 950 Homestead Rd, Newport 17074 877-428-BEEF perrycountylandandcattle.com</p> <p><b>HOURS:</b> By appointment</p>		<p>Grass finished beef since 1990. Primarily black &amp; red angus. Sold by 1/8 of animal.</p>	✓
<p><b>Wil-Ar Farm</b> 76 Parker Rd Newville 17241   776-6552</p> <p><b>HOURS:</b> Mon-Fri 8am-8pm</p>	●	<p>Vegetables, Meats, Honey, Herbs, Tree Fruit, Free Range Eggs &amp; Poultry, Dairy Products, Pastured Livestock</p>	♿♿♿
<p><b>Bearlin Acres Farm</b> 180 Mt. Ash Ln, Shippensburg 17257 530-3605   bearlinacres.com</p> <p><b>HOURS:</b> By appointment</p>	●	<p>Lamb &amp; Goat Wool, Fleeces &amp; Quiltbutts, Alpaca &amp; Cashmere Raw Fiber &amp; Yarn, PASA member</p>	<p>★ ♿♿♿ ✓ ♿♿</p>

**Nursery/Tree Farm**

<p><b>Highland Gardens</b> 423 S.18<sup>th</sup> St, Camp Hill 17011 737-8633   highlandgardens.org</p> <p><b>HOURS:</b> Jan-Mar: Mon-Sat 9am-5pm; Apr (call); May-Aug &amp; Dec: Mon-Fri 9am-8pm, Sat 8am-5pm, Sun 11am-5pm; Sept-Nov: Mon-Fri 9am-6pm (Oct until 7pm), Sat 9am-5pm, Sun 11am-5pm</p>	●	<p>Plants, Flowers, Trees, Patio Block, Tanbark, Fertilizers, Mulch, Garden Tools, etc.</p>	<p>CC ♿ ♿♿</p>
<p><b>Liberty Farm</b> 831 York Rd, Carlisle 17015 919-4611</p> <p><b>HOURS:</b> Daily 10am-7pm Thanksgiving to Christmas Eve</p>		<p>Crafts, Christmas Trees, Wreaths, Garland, Pottery, Pin Style Tree Stands (Drilled), Tree Bags, Watering Elf</p>	<p>CC ★ ♿</p>



View along the Cumberland Valley Rail Trail, Newville

Business Name	Open Year-Round	Description	Other
<b>Nursery/Tree Farm cont.</b>			
<b>MacNamara Tree Farm &amp; Nursery</b> 25 Wagner Dr Carlisle 17015   226-0243 <b>HOURS:</b> Mon-Sat 8am-6pm	●	Trees, Landscape Products, Shrubs, Certified Naturally Grown, Planting Svcs & Delivery	
<b>McCurdy's Tree Farm &amp; Landscaping</b> 127 Chestnut Grove Rd Dillsburg 17019   432-4017 mcurdystreefarm.com <b>HOURS:</b> Open year-round: hours vary	●	Christmas Trees, Farm Zoo (end of Nov-Dec), Stone, Tanbark, Mulch, Plants, Hayrides & Campfires, School Field Trips <b>U-P:</b> Christmas Trees	CC 🌟 🐔 👥 ♿ 👥 U-P
<b>Spring Garden Greenhouse</b> 1137 S. Spring Garden St Carlisle 17015   218-9638 <b>HOURS:</b> Mar-Jun & Aug-Oct: Mon-Sat 9am-5pm		Bedding Plants, Vegetable Plants, Hanging Baskets, Planters, Perennials, Herbs, Mums, Asters, Flowering Kale, Fall Vegetable Plants, Baked Goods	
<b>Ashcombe Farm &amp; Greenhouses</b> 906 W. Grantham Rd Mechanicsburg 17055 766-7611   ashcombe.com <b>HOURS:</b> Jan-Feb: Mon-Sat 9am-6pm; Mar-Dec: Mon-Sat 9am-7pm; Seasonal hours vary	●	Seasonal Plants (Annuals, Herbs, Vegetables, Perennials), Trees & Shrubs, Gardening Supplies, Tools & Accessories, Gift Shop, Women's Boutique, Country Cafe, In-Store Bakery	CC 🌟 ♿ 🗳️ 🍴 👥
<b>Noggles Sweet Meadow Greenhouse</b> 2171 Stumpstown Rd Mechanicsburg 17055   766-7750 <b>HOURS:</b> Apr-Oct: Mon-Sat (hours vary)		Bedding Plants, Herbs, Flowers, Vegetable Starts, Heirloom Varieties, Hearty Mums	
<b>Conifer Hill Tree Farm</b> 101 Conifer Rd Newville 17241   386-1739 <b>HOURS:</b> Open daily Black Friday through Christmas Eve: 9am-4:30pm		Christmas Trees, Evergreen Wreaths/Greens <b>U-P:</b> Christmas Trees	U-P
<b>Newville Produce Farm &amp; Greenhouses - Newville - See pg 11 for info.</b>			
<b>Woodlawn Tree Nursery</b> 3171 Ritner Hwy Newville 17241   776-5988 woodlawntrees.com <b>HOURS:</b> Mar-Nov: Thurs-Fri 8am-5pm		Shade & Ornamental Tree Sales, Tree Services	
<b>Conaway's Pine Haven Farm</b> 1765 Pine Rd Newville 17241   486-5423 conawaypinehaven.com <b>HOURS:</b> Open Black Friday through Christmas Eve: Mon-Fri 10am-8pm, Sat-Sun 8am-8pm		Christmas Trees, Live Bulbs, Centerpieces, Wreaths, Greenery, Baskets, Burlap Evergreen Trees, Wagon Rides, School Groups <b>U-P:</b> Christmas Trees	🐔 👥 👥 U-P

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Business Name	Open Year-Round	Description	Other
<b>Nursery/Tree Farm cont.</b>			
<b>Chestnut Grove Greenhouse</b> 120 Chestnut Grove Rd Shippensburg 17257   532-3788 <b>HOURS:</b> Apr-Jun: Mon-Fri 8am-8pm, Sat 8am-5pm		Flowers, Herbs, Bedding plants	
<b>Maplewood Produce &amp; Greenhouse</b> - Shippensburg - See pg 11 for info.			
<b>Reid's Orchard and Winery</b> - Orrtanna - See pg 24 for info.			
<b>Produce</b>			
<b>Benders Potato and Produce Barn</b> 1120 Lincoln Way East Chambersburg, 17201   264-6720 benderpotatoes.com <b>HOURS:</b> May-Dec: Mon-Fri 9am-6pm, Sat 9am-5pm		Produce, Potatoes, Honey, Spices, Snacks, Candies, Jellies, Bulk Foods, Gifts, Flowers <b>U-P:</b> Pumpkins	CC      U-P
<b>Clair's Orchard</b> 1452 Holly Pike Carlisle 17015   752-5996 clairsorchard.com <b>HOURS:</b> May-Nov: Wed, Fri & Sat 9am-5pm, Thurs 9am-7pm, Sun 9am-3pm	●	Tree Fruit, Berries, Vegetables, Baked Goods, Melons, Honey, Preserves, Eggs, Meat, Dairy Products, Fruit Juice, Cider, Pumpkins	
<b>Strawberry Lane</b> 604 S. Middlesex Rd Carlisle 17015   249-0916 <b>HOURS:</b> May-Jun & Aug-Sept: Mon-Fri 7:30am-6pm, Sat 7:30am-4pm		Strawberries, Sweet Corn, Pumpkins, Certified Naturally Grown <b>U-P:</b> Strawberries	<b>U-P</b>
<b>Paulus Orchards</b> 522 E. Mt. Airy Rd, Dillsburg 17019 432-2544   paulusorchards.com <b>HOURS:</b> Jul-Oct: Mon-Sat 9am-7pm, Sun 11am-5pm; Nov-Feb: Mon-Sat 9am-5pm, Sun 11am-5pm		Vegetables, Baked Goods, Preserves, Honey, Berries, Cider, Tree Fruit, Pumpkins, Melons, Ice Cream, Homemade Soups, Fall Corn Maze, Made to Order Fruit Baskets <b>U-P:</b> Pumpkins, Apples, Blueberries	CC       U-P
<b>The Peters Orchards</b> 10540 Carlisle Pike Gardners 17324   528-4380 <b>HOURS:</b> May-Nov: 7am-7pm; Dec-Apr: 8am-5pm daily	●	Vegetables, Pumpkins, Baked Goods, Melons, Cider Preserves, Honey, Berries, Tree Fruit, Maple Products, Dairy Products	CC    
<b>Strites Orchard Farm Market &amp; Bakery</b> 1000 Strites Rd, Harrisburg 17111 564-3130   stritesorchard.com <b>HOURS:</b> Mon-Fri 8am-7pm, Sat 8am-5pm	●	Produce, Preserves, Baked Goods, Honey, Herbs, Cider, Bedding Plants, Century Farm, Christmas Trees, Fall Corn Maze, Crafts, Dairy Products <b>U-P:</b> Strawberries, Blueberries, Blackberries, Raspberries, Pumpkins Sweet/Sour Cherries, Apples, Flowers	CC      U-P

Business Name	Open Year-Round	Description	Other
<b>Produce cont.</b>			
<b>Ashcombe Farm &amp; Greenhouses</b> - Mechanicsburg - See pg 8 for info.			
<b>Mountain View Nursery</b> 1101 Park Place Mechanicsburg 17055   776-4966 <b>HOURS:</b> Jul-Sept 15: Mon-Fri 8:30am-7:30pm, Sat 8:30am-5pm		Vegetables, Melons, Preserves, Honey, Cookies	
<b>Oak Grove Farms</b> 846 Fisher Rd, Mechanicsburg 17055 766-2216   oakgrovefarmsinc.com <b>HOURS:</b> Mon-Sat 8am-6pm	●	Produce, Eggs, Dairy Products, Maple Products, Jams, Flowers, Bedding Plants, Baked Goods, CSA Available, Christmas Trees <b>U-P:</b> Strawberries, Peas, Raspberries, Beans	CC     <b>U-P</b>
<b>Paulus Farm Market</b> 1216 S. York St, Mechanicsburg 17055 697-4330   paulusfarmmarket.com <b>HOURS:</b> May-Oct: Mon-Fri 9am-7pm, Sat 9am-5pm, Sun 11am-4pm; Nov- Dec Mon-Sat 9am-5pm, Sun 11am- 4pm; Jan-April Thurs & Fri 9am-5pm, Sat 9am-3pm	●	Produce, Baked Goods, Corn Maze, Christmas Trees, Flowers, Meats, Preserves, Bedding Plants, Honey, Herbs, Cider, Dairy Products <b>U-P:</b> Flowers, Herbs, Pumpkins	CC       <b>U-P</b>
<b>Beam's Blue Mountain Farm</b> 13374 Lurgan Rd Newburg 17240   532-5537 <b>HOURS:</b> Jun-Oct: Mon-Fri 10am-6pm, Sat 8am-4pm		Vegetables, Baked Goods, Flowers, Eggs, Melons, Preserves, Honey, Berries, Cider, Tree Fruit, Crafts, Pumpkins <b>U-P:</b> Strawberries, Pumpkins	CC    <b>U-P</b>
<b>Esh's Produce</b> 16417 Cumberland Hwy (PA Rte 997) Newburg 17240   532-3216 <b>HOURS:</b> Mon-Sat 7am-6pm: Winter hours vary	●	Vegetables, Melons, Berries, Tree Fruit, Preserves, Honey, Crafts, Quilts, Quilt Fabric, Fresh Brown Eggs, Bulk Foods	



**Earth Spring Farm, Carlisle**

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 **U-P** = U-Pick your own

Business Name	Open Year-Round	Description	Other
<b>Produce cont.</b>			
<b>Natures Nook Farm</b> 740 Shed Rd Newville 17241   776-5619 <b>HOURS:</b> Please call ahead	●	Berries, Beef, Goats	♿
<b>Newville Produce Farm &amp; Greenhouses</b> 379 Greenspring Rd (PA Rte 641) Newville 17241   776-7717 <b>HOURS:</b> Feb-Dec: Mon-Fri 9am-7pm, Sat 8am-5pm		Vegetables, Flowers, Melons, Honey, Herbs, Berries, Bedding Plants, Tree Fruit, Pumpkins	♿

**Wil-Ar Farm** - Newville - See pg 7 for info.



**Maplewood Produce & Greenhouse, Shippensburg**

<b>Maplewood Produce &amp; Greenhouse</b> 8564 Olde Scotland Rd Shippensburg 17257   532-8973 <b>HOURS:</b> Mon-Sat 8am-7pm	●	Vegetables, Melons, Berries, Tree Fruit, Deli Items, Pumpkins, Preserves, Eggs, Dairy Products, Baked Goods (Fri. & Sat. Only), Honey, Flowers, Herbs, Bedding Plants, Cider, Seasonal Turkeys, Made-to-order Hoagies, Bulk Foods <b>U-P:</b> Strawberries, Pumpkins	CC ♿ ♿ U-P
<b>Toigo Orchards</b> 750 S. Mountain Estates Rd Shippensburg 17257 532-4655   toigoorchards.com <b>HOURS:</b> Jun, Aug-Dec: Mon-Sat 8am-5pm; year-round online sales	●	Vegetables, Melons, Preserves, Honey, Herbs, Berries, Cider Tree Fruit, Pumpkins, Homemade Salsa, Sauces & Butters, Certified Naturally Grown <b>U-P:</b> Strawberries	♿ U-P
<b>Shippensburg Auction Center</b> 1120 Ritner Hwy Shippensburg 17257   532-5511 <b>HOURS:</b> Tues, Thurs & Fri 9am-sold out	●	Wholesale - Fruit, Vegetables, Flowers, Shrubs, Pumpkins, Mums, Corn, Christmas Trees & Wreaths	♿ ♿

# Outdoor Recreation



Pole Steeple Trail at Pine Grove Furnace State Park, Gardners

Cumberland Valley PA offers a collection of outdoor experiences for nature enthusiasts, families and those looking to explore the beauty of this region. Spend a day hiking our easily accessible trails, including day hikes on the famous Appalachian Trail, biking on a historic rail trail or floating down a water trail.

## Cumberland Valley Fast Facts:

- The region is home to over 200 miles of trails to explore, including the midway point of the 2,180-mile Appalachian Trail.
- There are over 54,000 acres of outdoor opportunities to discover, including three state parks and two state forests.
- The area offers many spots for scenic vistas of the lush Valley including Waggoner's Gap Hawk Watch, where 20,000+ migrating raptors fly over each year.
- Kayak or fly fish along one of our PA Designated Scenic Rivers.

## Suggested Trip Ideas:

- After a day hike, visit the only hiking museum in the country, the **Appalachian Trail Museum**, to hear trail stories and mingle with thru-hikers. Find day hikes along the Appalachian Trail at [visitcumberlandvalley.com](http://visitcumberlandvalley.com)
- Enjoy a beach day away from it all at **Colonel Denning State Park's** or **Pine Grove Furnace State Park's** lakeside beach area.
- Take in the panoramic view of the Valley on the patio of the Masland Mansion at **Kings Gap Environmental Education Center**.
- Pick up ingredients for the perfect picnic at one of our farmers markets and enjoy a picturesque lunch at **Children's Lake**.
- Uncover the Valley's **top 10 hikes** at [visitcumberlandvalley.com/10hikes](http://visitcumberlandvalley.com/10hikes).



♿ = Handicapped Accessible   ♿ = Restrooms   🐾 = Pets Allowed   ⭐ = Events

🚤 = Boating   🎣 = Fishing   🅇 = Parking

Trail	Information
<b>TRAILS</b>	
<p><b>Appalachian Trail</b>                      Appalachian Trail Conservancy                      Mid-Atlantic Regional Office                      4 E. First St                      Boiling Springs 17007                      appalachiantrail.org                      258-5771</p> <p><b>HOURS:</b> Regional office open 8am-3:30pm, stop in for trail maps and parking information.</p> <p>The Appalachian Trail (AT) is the longest footpath in the United States, following the Appalachian Mountains. The trail crosses 14 states, from Katahdin, Maine to Springer Mountain in North Georgia. Completed in 1937, the AT is the first National Scenic Trail created by the National Trail System Act of 1968. Thirty trail clubs and more than 6,000 volunteers maintain the trail. Cumberland Valley is the midway point on the trail.</p>	<p><b>Miles of Trail in Cumberland Valley:</b> 43  <b>Total Trail Length:</b> 2,180 miles, 229 miles in PA  <b>Trail Surface:</b> Dirt &amp; Grass  <b>Trail Slope:</b> Easy to Moderate-Difficult  <b>Trail Type:</b> Out &amp; Back  <b>Blazes:</b> White                      Foot travel only; no vehicles, bicycles or horses.</p> <p><b>Trail Entrances with Parking (listed south to north):</b></p> <ul style="list-style-type: none"> <li>• Arendtsville-Shippensburg Rd</li> <li>• Pine Grove Furnace State Park</li> <li>• Sheet Iron Roof Rd</li> <li>• Whiskey Springs Rd</li> <li>• Leidigh Rd</li> <li>• ATC Mid-Atlantic Regional Office/ Boiling Springs</li> <li>• York Rd/PA Rte 74</li> <li>• Lisburn Rd</li> <li>• Trindle Rd/PA Rte 641</li> <li>• Bernheisel Bridge Rd/Scott Farm AT Work Center</li> <li>• Sherwood Dr</li> </ul> <p>🐾 <b>P</b></p>
<p><b>Cumberland Valley Rail Trail</b>                      cvrtc.org   860-0444</p> <p>The Cumberland Valley Rail Trail extends 11 miles from Shippensburg to Newville through pastoral farmland and historic towns. The trail follows the abandoned Cumberland Valley Railroad corridor. Trail enthusiasts can enjoy walking, jogging, bicycling, horseback riding and other non-motorized recreational uses.</p> <p>Enjoy interpretative signage on the agricultural and Civil War heritage along the trail.</p>	<p><b>Miles of Trail:</b> 11 total - 9.5 miles developed  <b>Trail Surface:</b> Crushed Limestone &amp; Paved (½ mile at Newville)  <b>Trail Slope:</b> Easy  <b>Trail Type:</b> Out &amp; Back</p> <p><b>Trail Entrances:</b></p> <ul style="list-style-type: none"> <li>• Newville: 23 McFarland St, Newville 17241                      Parking and restrooms are available.</li> <li>• Oakville: 401 Oakville Rd, Shippensburg 17257                      Parking and restrooms are available. Restrooms are located at the North Newton Township Park, ¼ mile northwest of the trail on Oakville Rd.</li> <li>• Shippensburg: Shippensburg Township Park 304 Britton Rd, Shippensburg 17257                      Parking and restrooms are available.</li> </ul> <p>♿ 🧑🏿 🐾 ⭐ <b>P</b></p>

## Biking in Cumberland Valley

Cumberland Valley's scenic trails and charming downtowns welcome bikers to explore all the Valley has to offer.

View our routes that will lead you through bike-friendly towns, picturesque back roads, rolling hills and more.

Pick your favorite or try them all. Each route includes cue sheets, distance and elevation.

[visitcumberlandvalley.com/bikeroutes](http://visitcumberlandvalley.com/bikeroutes)



State Park	Information
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**LOCAL PARKS**

Cumberland Valley is home to over 100 local parks. For a complete listing check out *Simply Moving: A Guide to Public Parks, Trails & Recreation Facilities in Cumberland and Perry Counties* at [ccpa.net/planning](http://ccpa.net/planning) (Go to Open Space, Greenways & Parks)

**STATE PARKS**

**Kings Gap Environmental Education Center**  
 500 Kings Gap Rd  
 Carlisle 17015 | 486-5031  
[visitpaparks.com](http://visitpaparks.com)

Sitting astride South Mountain in southern Cumberland Valley, Kings Gap offers a panoramic view of the valley. The park consists of 2,531 acres of forest and is open to the public year-round from 8am to sunset.

Sixteen miles of hiking trails connect with three main day use areas: Pine Plantation Day Use Area, Pond Day Use Area and Mansion Day Use Area.

**Park amenities include:** 16 miles of Hiking Trails, Picnic Tables/Pavilions, Orienteering, Hunting, Environmental Education Programs, Historic Site, Benches, Gardens, Bird Watching, Dog Training

**Pine Grove Furnace State Park**  
 1100 Pine Grove Rd  
 Gardners 17324 | 486-7174  
[visitpaparks.com](http://visitpaparks.com)

Steeped in natural and historical features, the 696-acre Pine Grove Furnace State Park is in a beautiful mountain setting in southern Cumberland Valley.

Pine Grove Furnace features two lakes, 25-acre Laurel Lake and 1.7-acre Fuller Lake, a historic area, Appalachian Trail Museum and the Appalachian Trail.

**Park amenities include:** 4 miles of Hiking Trails, 2 miles of Biking Trails, Picnic Tables/Pavilions, Swimming, Snack Bar, Fishing, Hunting, Dog Training, Ice-Skating, Cross-Country Skiing, Snowmobiling, Camping, Organized Group Tenting, Cabin Rental, Multi-Purpose Field, Historic Site, Bird Watching, Public Phone, Boating/Stream Access, Drinking Fountain, Environmental Education Programs

The historic Ironmaster’s Mansion is available for overnight accommodations and special event rentals.

Located in a 200-year-old grist mill, the Appalachian Trail Museum is the only museum in the country dedicated to hiking.

**Colonel Denning State Park**  
 1599 Doubling Gap Rd  
 Newville 17241 | 776-5272  
[visitpaparks.com](http://visitpaparks.com)

Colonel Denning State Park, in north central Cumberland Valley, is in Doubling Gap, so named by the “S” turn where Blue Mountain doubles back on itself. This feature may be seen from the Doubling Gap Vista in adjacent Tuscarora State Forest.

The park has 273 acres of woodland and a 3.5-acre lake.

**Park amenities include:** 18 miles of hiking trails with 3.5 miles in the park, Equestrian Trail, Picnic Tables/Pavilions, Swimming, Orienteering, Fishing, Hunting, Dog Training, Ice-Skating, Cross-Country Skiing, Camping, Organized Group Tenting, Boating/Stream Access, Environmental Education Programs, Public Phone, Drinking Fountain, Bird Watching, Food/Vending Machines

= Handicapped Accessible = Restrooms = Pets Allowed = Events  
 = Boating = Fishing = Parking

Facility	Information
<b>STATE FOREST</b>	
<p><b>Michaux State Forest</b>                      Forest District #1                      10099 Lincoln Way East                      Fayetteville 17222   352-2211                      dcnr.state.pa.us                      See website for maps.</p> <p>The Michaux State Forest consists of over 85,000 acres in Cumberland, Adams and Franklin counties and offers many recreational pursuits. Michaux State Forest provides ample opportunities for both small game and deer hunting. There are also many miles of trout waters and numerous lakes and reservoirs to support warm water fishing.</p>	<p>130 miles of state forest roads are maintained for pleasure driving and sightseeing. Three State Parks - Caledonia, Pine Grove Furnace and Mont Alto - are located within Michaux State Forest boundaries.</p> <p><b>Activities include:</b> Primitive Camping, Hiking, Picnicking, Equestrian Trail, Sightseeing, Bicycling, Fishing, Boating, Hunting, Snowmobiling, Cross-Country Skiing, Historic Site, Bird Watching, ATV Trails, Horseback Riding</p> <p>👤 🐾 📶 📡 🅅</p>
<p><b>Tuscarora State Forest</b>                      Forest District #3                      4455 Big Spring Rd                      Blain 17006   536-3191                      dcnr.state.pa.us                      See website for maps.</p> <p>The Tuscarora State Forest derives its name from the Tuscarora Mountain. The mountain, in turn, was named for the Tuscarora Indians, a tribe adopted by the Iroquois Nation and allowed to migrate to this region in about 1714.</p>	<p>Comprised of 91,165 acres, the Tuscarora State Forest is located in Cumberland, Franklin, Huntingdon, Juniata, Mifflin, and Perry counties. Three State Parks - Big Spring, Colonel Denning and Fowlers Hollow - are located within Tuscarora State Forest.</p> <p><b>Activities include:</b> Hiking, Picnicking, Sightseeing, Fishing, Fly Fishing, Hunting, Snowmobiling, Cross-Country Skiing, Boating/Stream Access, Camping, Historic Site, Bird Watching, Horseback Riding</p> <p>👤 🐾 📶 📡 🅅</p>



Laurel Lake at Pine Grove Furnace State Park, Gardners

Pennsylvania State Parks

Facility	Information
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**STATE GAME LANDS**

<p><b>State Game Lands #305, #230, #170 &amp; #169</b>                  Pennsylvania Game Commission                  South Central Regional Office                  8627 William Penn Hwy                  Huntingdon 16652                  (814) 643-1831                  pgc.state.pa.us</p>	<p>There are four state game lands in Cumberland Valley. Encompassing approximately 4,500 acres, they offer a variety of opportunities for hunting, wildlife watching and hiking. See website for maps.</p> <p>🐾 P</p>
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**EQUESTRIAN FACILITIES**

<p><b>Winsome Farm</b>                  444 Nealy Rd                  Newville 17241                  776-5516   winsomefarmrider.com  <b>HOURS:</b> Call to schedule</p>	<p>Trail Rides, Horse Sales, Boarding, Leasing &amp; Lessons</p> <p>♿️ ⭐ P</p>
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**NATURE PRESERVES**

<p><b>Mount Holly Marsh Preserve</b>                  1 Lakeside Dr                  Mt. Holly Springs 17065                  240-5362                  ccpa.net/planning                  See website for maps.</p> <p>The Mount Holly Marsh Preserve is a 900-acre natural area along the rocky slopes of the South Mountain near Mount Holly Springs. The preserve consists of a 700-acre upland forest and a 200-acre marsh preserve. The Mount Holly Marsh Preserve is a perfect spot for hikers and nature lovers.</p>	<p>The primary activity at the park is hiking and nature exploration. The preserve features approximately 7 miles of trail with terrain ranging from easy to difficult. Hunting is permitted in the upland forest, but not in the marsh preserve. Fishing is permitted along Mountain Creek. Mountain Creek has been designated "approved trout waters" and is stocked by the Pennsylvania Fish &amp; Boat Commission.</p> <p><b>Activities include:</b> Birdwatching, Hiking, Hunting, Fishing, Fly Fishing</p> <p>🐾 🎣 P</p>
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<p><b>Waggoner's Gap Hawk Watch</b>                  Waggoner's Gap Rd (Rte 74)                  Carlisle 17015   213-6880                  waggap.com   pa.audubon.org</p> <p>This 125-acre hawk watching site is situated on the Kittatinny Ridge. The site is one of the best sites along the Kittatinny Ridge, with more than 20,000 raptors passing through every year.</p>	<p>Visitors can look forward to seeing a wide variety of migrating birds or just enjoy the scenic overlook. Seasonal Access-August 1 to December 31.</p> <p><b>Activities include:</b> Birdwatching, Hiking Trail to Viewing Area, Portable Toilet, Environmental Education Center, Benches, Amphitheater</p> <p>🐾 P</p>
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Paul Zeph

**Waggoner's Gap Hawk Watch, Carlisle**

♿️ = Handicapped Accessible   ♿️ = Restrooms   🐾 = Pets Allowed   ⭐ = Events  
 🚤 = Boating   🎣 = Fishing   P = Parking

Facility	Information
<b>WATER RECREATION</b>	
<p><b>Children's Lake</b>                      Front St/Rte 174                      Boiling Springs 17007                      705-7850   fishandboat.com</p>	<p>Charming, scenic 7-acre lake with clear water that literally bubbles.</p> <p><b>Activities include:</b> Fishing, Fly Fishing, Boating, Bird Watching, Hiking</p> <p></p>
<p><b>Opossum Lake</b>                      Easy Rd/Opossum Lake Rd                      Carlisle 17015   705-7850                      fishandboat.com                      opossumlakefriends.org</p>	<p>59-acre lake situated on 274- acres.</p> <p><b>Park amenities include:</b> Four Miles of Hiking Trails, Fishing, Bird Watching, Picnic Tables/Pavilion, Boating, ADA Fishing Dock, Hunting</p> <p></p>
<p><b>LeTort Spring Run</b>                      Carlisle 17013                      245-0508   letort.org</p>	<p><b>Stream info:</b> One of the finest limestone trout streams in the nation, known for large wild browns.</p> <p><b>Activities include:</b> Fishing, Fly Fishing, ADA Fishing Dock (in park), Hiking</p> <p><b>Trail info:</b> 2.2 miles, stone dust trail. Enter at LeTort Park or Bonnybrook Rd.</p> <p></p>
<p><b>Big Spring Creek Greenway</b>                      Big Spring Rd, Newville 17241                      705-7850   fishandboat.com</p>	<p>World famous limestone spring creek. 1.5 mile catch-and-release only fly-fishing area.</p> <p><b>Activities include:</b> Fishing, Fly Fishing, Bird Watching</p> <p></p>

**WATER TRAILS**

Cumberland Valley has 3 designated water trails. Water trails are boat routes suitable for canoes, kayaks and other small watercrafts and have access points, boat launches and day-use sites.

**Trail guides and maps can be found at [ccpa.net/watertrails](http://ccpa.net/watertrails)**

<p><b>Conodoguinet Creek Water Trail</b></p>	<p><b>Trail Length:</b> 40 miles, Carlisle area to confluence with the Susquehanna River</p> <p><b>Activities include:</b> Fishing, Boating </p>
<p><b>Yellow Breeches Creek Water Trail</b></p>	<p><b>Trail Length:</b> 22 miles, divided into two trips due to several hazardous dams and the lack of approved access</p> <p><b>Activities include:</b> Fishing, Fly Fishing, Boating </p>
<p><b>Susquehanna River Water Trail</b></p>	<p><b>Middle Section Trail Length:</b> 51 miles, Sunbury to Harrisburg</p> <p><b>Lower Section Trail Length:</b> 52 miles, Harrisburg to Mason Dixon Line</p> <p><b>Activities include:</b> Fishing, Boating </p>

# Fly Fishing in Cumberland Valley



Known for famous fly fishing streams, fly-fishermen have been traversing the Cumberland Valley since the 18th Century. This area is rife with Class-A Fly Fishing waters - the highest quality in the state for wild trout fly-fishing.

Our pristine waters boast fertile soil and limestone bed concentrations suitable for a multitude of healthy fly hatches. Spring-fed streams keep a fairly constant year-round temperature, ideal for wild, breeding populations of trout, and year-round fishing opportunities. Fishermen can expect to find three types of trout in Cumberland Valley streams: brook, brown and rainbow.



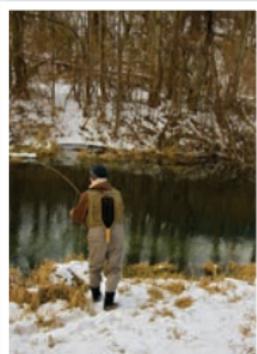
The **Yellow Breeches Creek** is famous for stocked brown trout, easily accessible waters and a beautiful backdrop. The PA Fly Fishing Museum at Allenberry Resort Inn & Playhouse, which hosts a Fly Fishing Heritage Day each June, is located next to this famous Creek.



**LeTort Spring Run** is considered by some to be the most challenging stream in the world to fly fish. Fishermen come from around the world to try and reel in a big, wild and colorful brown trout, but the nature of the stream means they are smart and have many places to hide.

**The Big Spring Creek's** true claim to fame is its healthy population of native brook trout living among large and wild rainbow trout. Wild populations of trout are largely found near the headwaters, while the lower sections provide excellent stocked fishing opportunities.

Perhaps one of the most appealing qualities of Cumberland Valley streams is their close proximity to each other. Anglers can easily fish a variety of world-class limestones in one weekend, and still have time for other activities.



**Find fly-fishing destinations and more at [visitcumberlandvalley.com/things-to-do/outdoor/fishing](http://visitcumberlandvalley.com/things-to-do/outdoor/fishing)**

# Attractions, Fairs, Festivals, Events, Wineries & Breweries



Cumberland Valley PA offers an assortment of unique farm attractions and annual events for you to enjoy our open spaces and learn about the importance of agriculture to the region. Farm attractions are sites on a farm that offer tours or activities for the visitor to experience.

## Cumberland Valley Fast Facts:

- Breweries are popping up all over the Valley. Tap, tour and try a pint at many of our local favorites.
- Cumberland Valley is an all-season destination! There are seasonal attractions and events including ski resorts, fall food festivals, summer heritage and crafts events and outdoor opportunities to explore the spring blossoms.
- The Valley is home to many festivals celebrating agriculture from the Shippensburg Corn Festival, voted best one-day festival in PA, to the Pennsboro Pumpkin Fest, featuring a park full of events, live entertainment, food and more.
- The Valley is home to **scenic golf courses**. Find your perfect course at [visitcumberlandvalley.com](http://visitcumberlandvalley.com).

## Suggested Trip Ideas:

- Stock up on meat, produce, baked goods, jewelry, clothing, and more at the 60,000 sq. ft. **West Shore Farmers Market**.
- Swirl, sniff, sip and savor Pennsylvania wines while visiting one of the area vineyards.
- Tour the world's largest gourd-crafting company, **Meadowbrooke Gourds**. You can also pick out and paint your own creation!
- Pack up the little ones and explore **Paulus Farm Markets** Fall Fun Fort play area including pick-your-own-pumpkins.
- Fly through the air on a zip line or slip and slide inside a giant OGO Ball as you roll down the mountain at **Roundtop Mountain Resort**.

Find more farm attraction trip ideas and events at  
[visitcumberlandvalley.com](http://visitcumberlandvalley.com)

Business Name	Open Year-Round	Description	Other
<b>ATTRACTIONS</b>			
Agricultural- and environmental-related tours, museums and activities, and outdoor recreation fun.			
<b>Dickinson College Farm</b> 553 Park Dr Boiling Springs 17007   245-1251 dickinson.edu  <b>HOURS:</b> By appointment only		Farm Tours Available By Request	 
<b>Bent Pine Alpaca Farm</b> 65 Old Stonehouse Rd, Carlisle 17015 796-5949   bentpinalpacas.com  <b>HOURS:</b> Jan-Sept: By appointment only; Oct-Dec: Fri-Sun 12pm-5pm	●	Fine Alpaca Fashion & Gift Items, Certified Naturally Grown	    
<b>Celtic Knot Alpacas</b> 1560 McClures Gap Rd, Carlisle 17015 418-9612   celticknotalpacas.com  <b>HOURS:</b> By appointment only		Alpaca Fiber, Alpaca Yarn, Alpaca Knit & Woven items. Farm & off-site education programs.	  
<b>Meadowbrooke Gourds, Inc.</b> 125 Potato Rd, Carlisle 17015 776-6029   mbgourds.com  <b>HOURS:</b> Mon-Sat 10am-4pm; Tours every Tues at 2pm	●	Hand-crafted gourds for all seasons. Classes, seasonal events and group tours available.	     



Emerald Stone Photography & Design

**Williams Grove Historical Steam Engine Association, Mechanicsburg**

CC = Credit Cards Accepted  
 ⭐ = Events  
 🐔 = Farm Attractions  
 👥 = Group Tours  
 ♿ = Handicapped Accessible  
 🏠 = PA Preferred  
 🐾 = Pets Allowed  
 🍴 = Restaurant/Eatery  
 🚻 = Restrooms  
 U-P = U-Pick your own

Business Name	Open Year-Round	Description	Other
<b>ATTRACTIONS cont.</b>			
<p><b>PA Farm Show Complex &amp; Expo Center</b> 2300 North Cameron St Harrisburg 17110   787-5373 pafarmshowcomplex.com</p> <p><b>HOURS:</b> Varies</p>	●	<p>Host of the PA Farm Show &amp; more than 300 shows, sporting events &amp; conventions on an annual basis. Farmers Market May-Nov.</p>	     
<p><b>Appalachian Trail Museum</b> Pine Grove Furnace State Park 1120 Pine Grove Rd, Gardners 17324 486-8126   atmuseum.org</p> <p><b>HOURS:</b> Hours vary by season, see website</p>		<p>Exhibits designed to tell the stories of the founding, construction, preservation, maintenance, protection, &amp; enjoyment of the Appalachian Trail.</p>	   
<p><b>The Oakes Museum at Messiah College</b> One College Ave Grantham 17027 769-1800   messiah.edu/oakes</p> <p><b>HOURS:</b> Sat 1pm-5pm; Group tours by appointment</p>	●	<p>10,000-square foot museum home to a collection of Smithsonian quality African &amp; North American mammals, bird eggs, fish, seashells, minerals, insects &amp; fossils.</p>	<p>CC</p>   
<p><b>Roundtop Mountain Resort</b> 925 Roundtop Rd Lewisberry 17339 432-9631   skiroundtop.com</p> <p><b>HOURS:</b> Open year-round hours vary depending on the activity</p>	●	<p><b>Activities:</b> Skiing, Snowboarding, Snow Tubing, Paintball, Ropes Course, Mountain Adventures (Vertical Trek, OGO Balls, Tree House Zip Lines, Sky Ride, The Woods, Bumper Boats, Summer Camps</p>	<p>CC</p>    
<p><b>Williams Grove Historical Steam Engine Association</b> 1 Steam Engine Hill Mechanicsburg 17055 766-4001   wghsea.org</p> <p><b>HOURS:</b> Open for special events; please see website for more info</p>		<p>Dedicated to preservation of steam-powered equipment. Week-long Steam Show &amp; other special events throughout the year.</p>	
<p><b>Renfrew Museum and Park</b> 1010 E. Main St, Waynesboro 17268 762-4723   renfrewmuseum.org</p> <p><b>HOURS:</b> Museum: mid-Apr to mid-Oct: Mon-Fri noon-4pm, Sat-Sun 1pm-4pm. Park open year-round, dawn to dusk.</p>		<p>Historic PA German farmstead &amp; museum on 107-acre park. Hiking &amp; catch &amp; release fly fishing. See website for events.</p>	  
<p><b>Agriculture &amp; Industrial Museum</b> 217 W. Princess St York 17403 846-6452   yorkheritage.org</p> <p><b>HOURS:</b> Tues-Sat 10am-4pm</p>	●	<p>Self-guided tour of agricultural artifacts &amp; industrial exhibits produced or used in York County.</p>	<p>CC</p>    

**FAIRS, FESTIVALS & EVENTS**

View the events calendar at [visitcumberlandvalley.com](http://visitcumberlandvalley.com) for dates, details and a full list of events.

**JANUARY**

- Keystone Farm Show** ..... York  
Three-day show for full-time farmers to view equipment & new technologies.
- Pennsylvania Farm Show** ..... Harrisburg  
The largest indoor agricultural event in the nation is 8 days long, features animals, competitions, education exhibits, food, & commercial exhibitors.

**FEBRUARY**

- Great American Outdoor Show** ..... Harrisburg  
This nine-day show is North America’s largest outdoor hunting & fishing event.
- Pennsylvania Garden Expo** ..... Harrisburg  
Landscaping displays, vendors & educational presentations.

**APRIL**

- Mechanicsburg Earth Day Festival** ..... Mechanicsburg  
Music, workshops, vendors and kids’ activities.
- Race, Run, Ride & Ramble** ..... Cumberland Valley Rail Trail Race Series.  
15K race, 5K run, 30K bike ride & 15K hike. Part of the Cumberland Valley Race Series.

**MAY**

- Apple Blossom Festival** ..... Arendtsville  
Learn about orchards & enjoy arts, crafts, food, live entertainment, etc.

**JUNE**

- PA Fly-Fishing Heritage Day** ..... Boiling Springs  
Casting instructions, demos, & The Rubber Fish Race.
- SHAPE Solstice Arts Festival** ..... Shippensburg  
Fine art, music, food, kids’ activities & an eco village.

**JULY**

- Mason Dixon Fair** ..... Delta  
Six-day community fair featuring judged exhibits, contests, baked goods auction truck pulls & fireworks.
- Shippensburg Community Fair** ..... Shippensburg  
Five-day community fair featuring music, contests, judged exhibits, rides, skid-loader rodeo, demolition derby, 5K, craftshow & truck & horse pulls.

**AUGUST**

- Annual Steam Show & Tractor Show** ..... Mechanicsburg  
Steam train rides, blacksmith shop, antique tractors, consignment & food.
- Cumberland Ag Expo** ..... Newville  
Judged entries, competitions, 5K, musical entertainment & food.
- Dauphin County 4-H Fair** ..... Harrisburg  
Judged entries for large & small farm animals & family living projects.
- Franklin County Fair** ..... Chambersburg  
Seven-day county fair featuring judged exhibits, craft show, rides & demolition derby.

**Perry County Fair** .....Newport  
Five-day county fair featuring judged exhibits, music & rides.

**Shippensburg Corn Festival** .....Shippensburg  
Craft show with 300 vendors, entertainment & food.



**South Mountain Fair** .....Arendtsville  
Five-day community fair featuring judged exhibits, music, cowboy obstacle race, craft fair, demolition derby & truck & tractor pulls.

**SEPTEMBER**

**Agricultural Day at Dills Tavern** .....Dillsburg  
Scrapple, sausage & sauerkraut demonstration & sales.

**All-American Dairy Show** ..... Harrisburg  
Nearly 2,000 dairy cattle, youth shows, contests & programs.

**Fall Down on the Trail Run & Hike** ..... Cumberland Valley Rail Trail  
5K race & 4-mile hike. Part of the Cumberland Valley Race series.

**Gratz Fair** .....Gratz  
Five-day community fair featuring judged exhibits, horse racing, rodeo, music, demolition derby & truck & tractor pulls.

**New Cumberland Apple Festival** ..... New Cumberland  
250 vendors, crafts & apple related items.

**Old Fashioned Apple Festival**..... Little Buffalo State Park, Newport  
Watch & sample apple cider made from a 19th Century water-powered mill.

**York Fair** ..... York  
Ten-day county fair. America’s oldest fair. Features national recording artists, live entertainment, youth educational exhibits & more.

**OCTOBER**

**Dillsburg Farmers’ Fair**.....Dillsburg  
Five-day community fair featuring judged exhibits, flea market, craft show, car show, barnyard olympics & farm displays.

**Fall Furnace Festival** ..... Pine Grove Furnace State Park, Gardners  
Food, crafts, music, hayrides, educational programs, history tours & more.

**Garden Harvest Day**.....Kings Gap Environmental Education Center, Carlisle  
Apple cider pressing, crafts, hay & pony rides, self-guided mansion & garden tours, craft vendors & food.

**National Apple Harvest Festival** .....Arendtsville  
Hundreds of arts & crafts dealers, demonstrations, contests, food & entertainment.

**Pennsboro Pumpkin Fest** ..... Enola  
Crafts, live entertainment, kids’ amusements, pony rides, pumpkin painting & food.

Business Name	Description
<b>WINERIES &amp; BREWERIES</b>	
Sample nearby wines & brews against backdrops ranging from tree-lined downtowns to beautiful country landscapes.	
Visit <a href="http://visitcumberlandvalley.com/things-to-do/farms-markets-wineries">visitcumberlandvalley.com/things-to-do/farms-markets-wineries</a> for additional locations and trails.	
<b>Castlerigg Wine Shop</b> 110 S. Hanover St, Carlisle 17013 462-4663   castleriggwineshop.com	Downtown wine shop featuring wines from two PA wineries, tastings & gift shop  CC ★ ♿ 🍷 🍷 🍷 🍷 🍷
<b>Hauser Estate Winery</b> 410 Cashtown Rd, Biglerville 17307 334-4888   hauserestate.com	Wine, Hard Cider, Tasting & Tours  CC ★ ♿ 🍷 🍷 🍷 🍷 🍷
<b>Hunters Valley Winery</b> Routes 11/15 at Rte 34, Liverpool 17045 444-7211   huntersvalleywines.com	Wine, Tasting & Gift Shop  CC ★ ♿ 🍷 🍷 🍷 🍷 🍷
<b>Adams County Winery</b> 251 Peach Tree Rd, Orrtanna 17353 334-4631   adamscountywinery.com	Wine, Tasting & Tours  CC ★ ♿ 🍷 🍷 🍷 🍷 🍷
<b>Reid's Orchard and Winery</b> 2135 Buchanon Valley Rd, Orrtanna 17353 677-7047   reidsorchardwinery.com	Herbs, Bedding Plants, Cider, Wine, Hard Cider, Tasting, Tours & Gift Shop  CC ★ ♿ 🐾 🍷 🍷
<b>Appalachian Brewing Company</b> 3721 Market St, Camp Hill 17011 920-2739   abcbrew.com 6462 Carlisle Pike, Mechanicsburg 17050 795-4660   abcbrew.com 70 Presidential Circle, Gettysburg 17325 398-2419   abcbrew.com	Family-oriented Brewpub; Craft Beer & Craft Soda  CC ♿ 🍷 🍷 🍷
<b>Market Cross Pub &amp; Brewery</b> 113 N. Hanover St, Carlisle 17013 258-1234   marketcrosspub.com	On-site Brewery & 250+ International Beers  CC ★ ♿ 🍷 🍷 🍷
<b>Pizza Boy Brewing &amp; Al's of Hampden</b> 2240 Millennium Way, Enola 17025 728-3840   alsofhampden.com	On-site Brewery & 99 Beers on Tap  CC ♿ 🍷 🍷 🍷
<b>Molly Pitcher Brewing Company</b> 10 E. South St, Carlisle 17013 609-0969   mollypitcher.com	Brewpub  CC ♿ 🍷 🍷 🍷
<b>Gettysburg Wine &amp; Fruit Trail</b> Various Locations gettysburgwineandfruittrail.com	The South Mountain Region's only Wine, Food, Fruit & Farm Agritourism Trail



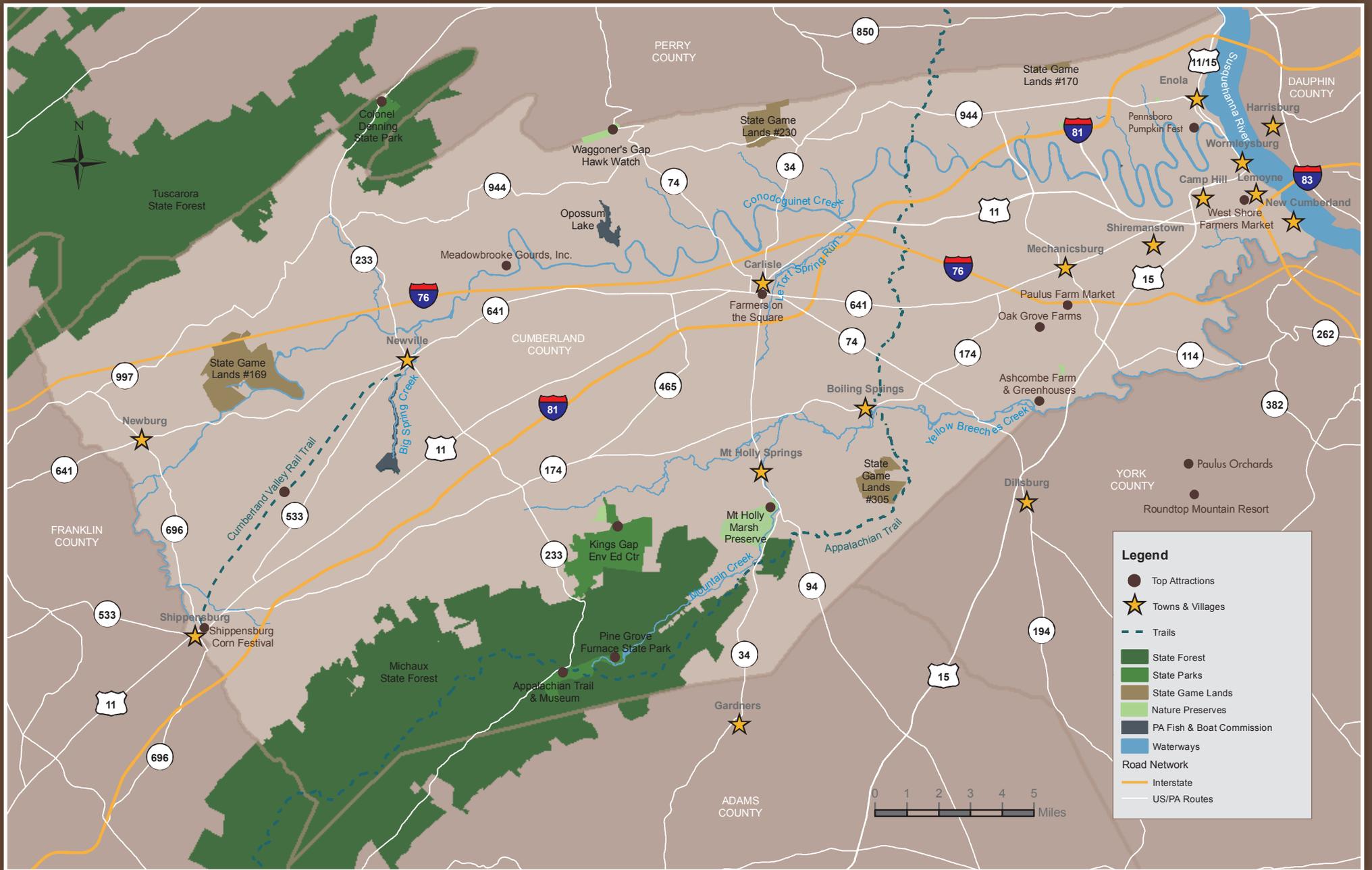
Reid's Orchard, Orrtanna

CC = Credit Cards Accepted   ★ = Events   🐔 = Farm Attractions   🍷 = Group Tours  
 ♿ = Handicapped Accessible   🍷 = PA Preferred   🐾 = Pets Allowed  
 🍷 = Restaurant/Eatery   🍷 = Restrooms   U-P = U-Pick your own

# cumberland valley

# Map

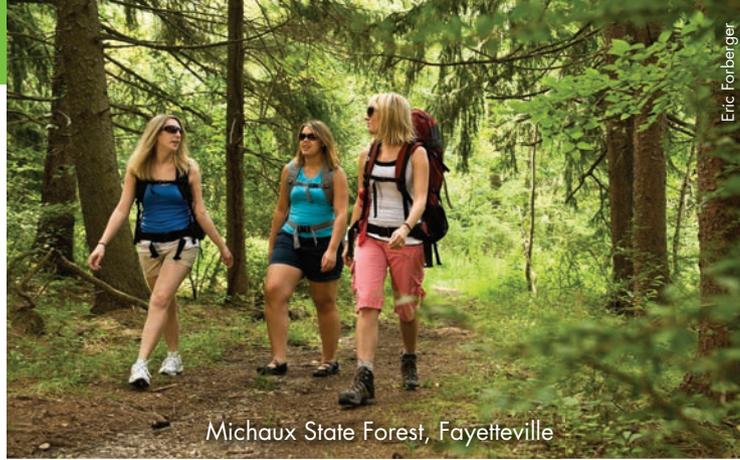
P E N N S Y L V A N I A



# Produce Availability by Month

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
<b>FRUITS</b>												
Apples												
Apricots												
Blackberries												
Black Raspberries												
Red Raspberries												
Blueberries												
Cantaloupe												
Cherry (Tart)												
Cherry (Sweet)												
Cider												
Grapes												
Nectarines												
Peaches												
Pears												
Plums												
Strawberries												
Watermelons												

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
<b>VEGETABLES</b>												
Asparagus												
Beans (Lima)												
Beans (Snap)												
Beets												
Broccoli												
Cabbage												
Carrots												
Cauliflower												
Celery												
Corn (Sweet)												
Cucumbers												
Eggplant												
Lettuce												
Mushrooms												
Onions												
Peas												
Peppers												
Potatoes												
Pumpkins												
Spinach												
Squash (Summer)												
Squash (Winter)												
Tomatoes												
Turnips												
Zucchini												



Michaux State Forest, Fayetteville



Kings Gap Environmental Education Center, Carlisle



## PARTNERSHIP for Better Health

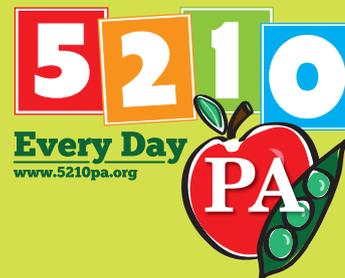
As a grantmaker, the **Partnership for Better Health** strives to prevent chronic disease through programs and services that promote nutrition and physical activity. Our region's parks, trails and agricultural resources support good nutrition, a vibrant local economy and a healthy environment in which to be active.

Together with our many community partners, the foundation is promoting the health of our young people through a **5210 PA Every Day** campaign. Embrace these daily goals to ensure your good health:

- 5 or more fruits and vegetables
- 2 hours or less of recreational screen time
- 1 hour or more of physical activity
- 0 sugary drinks

Join us by taking the **5210 Challenge Every Day** and visit us on the web at [www.5210pa.org](http://www.5210pa.org).

For more than a decade, the Partnership for Better Health has promoted responsible health practices, identified and addressed health care needs and policies, and enhanced access to and delivery of health services. We target strategies that are proven to work, sustainable, collaborative and beneficial to our region's most vulnerable populations. Together, we are building a healthy community.



[ForBetterHealthPA.org](http://ForBetterHealthPA.org)

### A Collection of Experiences to Explore

For trip ideas that weave all of these activities and more into fun journeys, go to [visitcumberlandvalley.com](http://visitcumberlandvalley.com).

- Sample the flavors of the Valley as you journey along a wine or ale trail.
- Explore a colorful festival or fair.



- Take a day hike on the Appalachian Trail.
- Pick your own fresh fruits, berries and flowers.

# FIND US!

cumberland valley pa  
VISITORS CENTER

Located in History on High - The Shop  
33 W. High St, Carlisle, PA 17013  
(888) 513.5130 • [visitcumberlandvalley.com](http://visitcumberlandvalley.com)

Eric Forberger

Courtesy of the PA Department of Conservation & Natural Resources