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FOR IMMEDIATE RELEASE

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Senior Games Registration Reminder Announced

Cumberland County, PA – Cumberland County Aging and Community Services is reminding residents that it's not too late to sign up for Senior Games! Cumberland County Senior Games combines sports, recreation, friendly competition and fellowship into one fun-filled day, Wednesday, July 13, 2016 at the Mechanicsburg High School. The goal of Senior Games is to encourage active lifestyles, promote healthy living, build lasting friendships and create fond memories.

Whether you're a backyard athlete or Iron man, it doesn't matter! All Cumberland County residents 50 years of age and up are welcome to join the fun. Registration, which includes lunch and a commemorative tee shirt, is \$12. Please contact Heather DeWire at 717-240-6110 for more information. Presented by Cumberland County Aging and Community Services, Messiah Lifeways, Mechanicsburg Borough and hosted by Mechanicsburg Area School District.

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