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**FOR IMMEDIATE RELEASE**

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## **Cumberland and Perry Counties' Suicide Prevention Taskforce (PULSE) Sponsors "WE CARE" Community Event**

**Carlisle PA** – Preventing Unnecessary Loss through Suicide Education (PULSE) and the Cumberland and Perry Counties' Mental Health (MH) Program, will hold the first "WE CARE" community awareness event, Saturday Sept. 22, noon until 6 p.m. at Carlisle Fairgrounds, 1000 Bryn Mawr Road.

The "WE CARE" event is designed to educate the community about suicide prevention. The day will include live music, vendors, raffle and silent auction, yard sale spots, kids' activities, information tables from local organizations, bake sale and free food.

"We are so grateful to our local community businesses for their incredible generosity in supporting this event, said Cindy Snyder, taskforce member and event chair. "Suicide loss affects all of us and we want to positively impact this growing need in our community."

Funds raised will provide education to the community through a variety of tools including QPR (Questions, Persuade, and Refer) trainings in various community locations.

For more information or to donate please contact Cindy Snyder at 717- 706-5824, or Facebook - PULSE Taskforce, Cumberland and Perry County, PA.

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### **About PULSE**

*Suicide rates are on the rise in both counties. Last year Perry County had the highest rate in the commonwealth. The taskforce, formed in 2016, is comprised of local community members representing families, consumers, and community mental health staff working together to open communications to everyone who is impacted.*