

Outpatient Treatment Services

Outpatient services include evaluations as well as individual and/or group counseling programs which are set up to serve individuals with substance abuse problems as well as their families. These services are designed to intervene in problems related to drug or alcohol use/abuse (including underage drinking and driving under the influence), to provide treatment services in circumstances that do not require inpatient care, to provide counseling and support for family members and others adversely affected by drug and alcohol related problems, and to provide continuing care for individuals completing inpatient treatment.

Diakon Family Life Services

960 Century Drive
P.O. Box 2001
Mechanicsburg, PA 17055
717-795-0330

Gaudenzia West Shore

4740 Delbrook Road
Mechanicsburg, PA 17050
717-766-8517
800-725-5453

Mazzitti & Sullivan

5021 East Trindle Road
Mechanicsburg, PA 17050
717-590-7607

Merakey Stevens Center

33 State Avenue
Carlisle, PA 17013
717-243-6033

Perry Human Services

Mulhollem Office Centre
P.O. Box 436
New Bloomfield, PA 17068
717-582-8703

Roxbury Carlisle Outpatient

401 E. Louthier Street, Suite 213
Carlisle, PA 17013
717-249-5010

Community Based Supports

Although the following organizations are not affiliated with the Commission, they offer support and self-help programs for addicts and their loved ones, free of charge, for anyone in need and willing to participate. For more information, meeting locations and times, please call the numbers provided.

Alcoholics Anonymous (AA)

Cumberland Valley Intergroup
717-422-4888

Narcotics Anonymous (NA)

Capital Area Hotline
717-233-3733

Al-Anon/Alateen

888-4AL-ANON (888-425-2666)

PA Problem Gambling Hotline

877-565-2112

Pennsylvania Quitline (tobacco)

877-724-1090

For clients who aren't in need of inpatient treatment but do need a safe, stable place to live, there are **recovery houses** available in the local area for both men and women. Recovery houses are apartment buildings shared by people in recovery. Residents pay weekly rent and are expected to abide by house rules and regulations, including staying sober and attending 12-step meetings. Scholarship funding may be available. For more information on local recovery houses, please contact the Commission.

This information is provided by the Commission. It is made possible through funding from the Pennsylvania Department of Health, Bureau of Drug and Alcohol Programs, and the Commissioners of Cumberland and Perry Counties. The Commission is an equal opportunity provider of grants, services, and employment.

CUMBERLAND-PERRY

Drug &
Alcohol

COMMISSION

Commission- Funded Drug & Alcohol Services

Fiscal Year 2019-20

Cumberland County
Dennis Marion Public Services Building
16 West High Street, Suite 302
Carlisle, PA 17013-2964

Carlisle	717-240-6300
All other areas	866-240-6300
FAX	717-240-6488

Information and Administrative Services

The administrative services of the Commission include the planning, contracting, program monitoring, and overall coordination of government-funded drug and alcohol services in Cumberland and Perry counties. Case Management services are provided to clients receiving Commission-funded inpatient treatment. Information about any Commission-funded services can be obtained by contacting the Commission.

Prevention and Early Intervention Services

Prevention and early intervention services include Student Assistance programming, training workshops and presentations, information dissemination, and technical assistance for schools, businesses and community organizations. These services focus on youth, parents, and other adults who work with youth.

Resource Center

Dennis Marion Public Services Building
16 West High Street, Suite 302
Carlisle, PA 17013-2964
717-240-6300
866-240-6300 (all other areas)

Perry Human Services

Mulhollem Office Centre
8391 Spring Road
P.O. Box 436
New Bloomfield, PA 17068
717-582-8703

Detoxification Services

If an individual is under the influence of alcohol or other drugs or in acute withdrawal, don't hesitate to contact the closest detox unit for further advice.

Detoxification services usually include short-term treatment in either a hospital or non-hospital facility. "Detox" is the process of eliminating drugs or alcohol from the body through a period of supervised abstinence while safely managing any accompanying withdrawal symptoms. Clients also receive structured education and counseling during this process and assistance in planning continuing treatment at a facility appropriate to each client's needs.

Gaudenzia Common Ground Detox

3740 Chambers Hill Road
Harrisburg, PA 17111
888-237-8984

Roxbury Detox

601 Roxbury Road
Shippensburg, PA 17257
800-648-4673

White Deer Run of York

106 Davies Drive
York, PA 17402
877-907-6237

New Perspectives at WDR of Lebanon

3030 Chestnut St.
Lebanon, PA 17042
717-270-3901

Treatment Options

The Commission contracts with a variety of facilities in an attempt to meet individual client needs. To access treatment, simply call one of the local outpatient agencies mentioned in this brochure. If you think an individual needs immediate care due to intoxication or other problems, call one of the detox units listed in this brochure. If you're not sure, call the Commission. Any of the listed service providers will help you find an appropriate treatment service, which may include outpatient, inpatient or other specialized care. A brief description of these services follows. In accordance with federal regulations, preference in accessing substance abuse treatment is given to pregnant women.

Inpatient and Halfway House Services

Funding for inpatient treatment services is available through the Commission. Admission is based on Case Management assessment and eligibility for funding for this level of care. Inpatient services include intensive counseling, educational support, and group treatment activities within a residential, therapeutic facility. These services require that the client reside at an inpatient center in order to receive effective treatment of advanced drug and alcohol problems. A length of stay for inpatient care may range from 14 to 90 days, depending upon individual client needs. Continuing treatment at the halfway house or outpatient level will follow the completion of the inpatient facility.

Cumberland-Perry Drug & Alcohol Commission

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