

# Building Up Our Youth (BUOY)

Keeping our kids afloat while riding the wave of adolescence



## FREE Training



### WHO:

Parents, caregivers, professionals, teachers and those who work with youth.

### WHEN:

#### SESSION 1

Wednesday April 8, 2020  
6:00-8:30 PM

#### SESSION 2

Wednesday April 15, 2020  
6:00-8:30 PM



**Sessions will begin promptly**

**Light meal included**

### WHERE:

3rd Floor Conference Room D  
Dennis Marion Public Services Building  
16 W. High Street  
Carlisle, PA 17013

#### Advance registration is required

To register please call the Cumberland-Perry D&A Commission at least one week prior to selected session(s).

**Call either of the following numbers:**

**Carlisle: 240-6300**

**All other areas: 1-866-240-6300**

The Cumberland-Perry Drug & Alcohol Commission believes that any use of alcohol or other drugs by adolescents demands a strong response from adults. We have developed a training series designed specifically for adults to enhance their ability to respond both appropriately and effectively to any level of adolescent drug and alcohol involvement.

#### SESSION 1

- Stages of adolescent drug and alcohol use
- Display of drug-related paraphernalia
- Current drugs of abuse

#### SESSION 2

- Parental attitudes
- Developmental assets and protective factors
- Treatment options
- Community and school-based resources

