



# COMMISSIONERS OF CUMBERLAND COUNTY

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## PRESS RELEASE

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FOR IMMEDIATE RELEASE

### MEDIA CONTACT

Samantha Krepps  
Communications Director  
717.240.6343 (O); 717.706.1001(M)  
[skrepps@ccpa.net](mailto:skrepps@ccpa.net)

## Meals Available For Cumberland County Seniors

*Seniors Need to Reserve a Meal by Calling the Senior Center in their Area 24 Hours in Advance*

**Carlisle, PA** – Cumberland County Seniors who need a meal, are able to sign up at one of the six senior centers across the county to receive one. Although all the centers are closed until further notice, seniors can still pick one up at local centers.

Grab and go meals are available Monday, Wednesday, and Friday at each center for Cumberland County residents who are 60 years old and above. Seniors need to reserve a meal by calling the Senior Center in their area 24 hours in advance.

“Calling ahead will ensure that there are enough meals available,” said Cumberland County Director of Aging and Community Services Sandy Gurreri, “The meals are prepared by our vendor in a kitchen off site that meets and follows all food safety guidelines; they are delivered to the centers ready for distribution.”

Arrangements can be made to have meals delivered for those who do not have transportation, by contacting the Cumberland County Aging and Community Services at 717.240.6110.

In addition, seniors can contact the Cumberland County Office of Aging and Community Services for information and assistance regarding home and community based services, for help with Medicare through the APPRISE Program, to address concerns in Long Term Care Facilities with the Ombudsman, or to report elder abuse.

The Pennsylvania Department of Agriculture’s [Farmers Market Nutrition Program](#) will again be issuing vouchers for seniors this year. The county is awaiting information from the Department of Agriculture on how they will be distributed.

For additional information on COVID-19, the PA Department of Aging has published a [COVID Guide for Older Adults](#).

## Cumberland County Senior Centers

### [Big Spring Senior Center](#)

91 Doubling Gap Road, Suite 1  
Newville  
717.776.4478

### [Branch Creek Place \(Shippensburg Area Senior Center\)](#)

115 N. Fayette Street, Shippensburg  
717.300.3563

### [The Carlisle Senior Action Center](#)

Salvation Army, 20 E. Pomfret Street, Carlisle  
717.249.5007

### [Mechanicsburg Place](#)

97 W. Portland Street, Mechanicsburg  
717.697.5947

### [Mary C. Schaner Senior Center](#)

East Pennsboro Township Municipal Building  
98 South Enola Drive, Enola  
717.732.3915

### [West Shore Senior Center](#)

122 Geary Avenue, New Cumberland  
717.774.0409

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*Cumberland County is the fastest growing county in the Commonwealth and offers the perfect mix of small town, suburban and rural living. Established in 1750, Cumberland County consistently maintains one of the lowest tax and unemployment rates in the state, while providing exceptional services for its more than 250,000 residents. More information on Cumberland County can be found at [www.ccpa.net](http://www.ccpa.net).*