

The Cumberland Link to Aging and Disability Resources is funded by the Pennsylvania Department of Aging (PDA) to provide information and linkages to long term services and supports for people over the age of 60 and to persons of any age with disabilities.

The Cumberland Link works in collaboration with a network of knowledgeable partner agencies that provide supportive service to older people and to persons with disabilities who live in Cumberland County. Information and assistance is provided to access both private pay and publicly funded services.

There is no charge for assistance provided by the Cumberland Link to Aging and Disability Resources. Some service provider agencies may charge fees.

Partner Agencies

Cumberland County Aging and Community Services

Cumberland County Assistance Office

Cumberland County Housing and Redevelopment Authorities

Cumberland / Perry Drug and Alcohol Commission

Cumberland / Perry Mental Health / Intellectual and Developmental Disabilities Programs

**PA CareerLink®
Cumberland County**

Pennsylvania Office of Vocational Rehabilitation

UCP of Central Pennsylvania

United Way of the Capital Region

United Way of Carlisle and Cumberland County



**1-800-753-8827
www.ltlinpa.org**



Cumberland Link to Aging and Disability Resources

Phone: (717) 240-7887
Toll-free: 1-888-697-0371, extension 7887

1100 Claremont Road
Carlisle, PA 17015

Hours: 8:00 A.M. to 4:30 P.M.
Monday through Friday
An appointment is not required

Fax: (717) 240-6118
TTY: Please call PA Relay at 7-1-1
Email: thelink@ccpa.net
www.ccpa.net/CumberlandLink

Confidential Support and Services for Long Term Living



WHAT IS THE LINK?

The Cumberland Link to Aging and Disability Resources is a collaborative effort among community agencies and the Pennsylvania Department of Aging (PDA) to provide **INFORMATION** about supports to individuals over the age of 60 and to persons of any age with disabilities.

HOW CAN THE LINK ASSIST YOU?

- Evaluate services necessary to retain independence
- Make connections with organizations that provide needed services
- Assist with applications to determine funding eligibility

Frequently Asked Questions

How can I stay as independent as possible?

- Home and community-based services are available to assist your needs.

How can I find information for the help that I need?

- Call, email, write to or visit the Cumberland Link office.

Is there a fee for services that I may need?

- There is no charge for assistance provided by the Cumberland Link. We can inform you of funding options available regarding any service providers who may charge fees for service.

What can I do for my future needs?

- Explore existing options to ensure a secure plan for independence and to prevent unnecessary crisis situations.

Assistance is provided in a confidential and caring manner.

The Cumberland Link to Aging and Disability Resources can provide information and support in the following areas:

- Assistive Technology
- Care Transitions
- Drug and Alcohol
- Emergency Contacts
- Employment Services
- Financial Assistance
- Health and Nutrition
- Health Insurance
- Home Modifications
- Housing Assistance
- In-Home Services
- Legal Aid
- Lifespan Respite
- Medical Services
- Mental Health
- Nursing Home Transition
- Options Counseling
- Protective Services
- Support Groups
- Transportation
- Utilities and Fuel
- Veterans Services
- And Much More